



If you're aged 12-18 and live in the towns, LGAs and surrounds of Balranald, Wentworth, Berrigan, Finley, Hay, Conargo, Deniliquin, Wakool, Corowa, Murray, Jerilderie, Urana, Murrumbidgee, Narrandera, Wagga Wagga, Lockhart, Leeton, Temora, Griffith, Carrathool, Coolamon, Cootamundra, Gundagai, Oaklands and Junee, you're invited to participate in our

# Creative Art Competition!

To celebrate Mental Health Month 2021 the **ROAR** team are asking young people to EXPRESS themselves creatively and show us:

## "How do you Tune In?"

Works will be shared and displayed on Intereach's Facebook page. Your work could win you 1 of 4 \$150 vouchers for Art Supplies Australia or a Teen Gift Card!

Most – Creative, Unique, Thoughtful or Technical Work

So, pick up a paint brush, musical instrument, camera or whatever you use to EXPRESS yourself and submit your creative work to [roar@intereach.com.au](mailto:roar@intereach.com.au)

\*Please note all participants need to fill out, attach and submit the registration form with their work.

Entries are limited to 1 per person.

Entries close October 31, 2021

Registration forms attached or contact us at

[roar@intereach.com.au](mailto:roar@intereach.com.au)



[mentalhealthmonth.org.au](http://mentalhealthmonth.org.au)



**ROAR**  
reachoutandrelax



## ROAR Mental Health Month Art Competition Registration Form

Name:

D.O.B:

### Contact Details

Email:

Phone:

Residential Address:

School (if applicable):

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### How did you hear about us?

Email  School newsletter  Social media  Other

Do you consent to the ROAR program contacting you in future? Yes  No

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### Guardian Consent (for participants under 15)

Guardian Name:

Contact number:

Signature:

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### Art Registration

Name of piece:

Description – tell us a little bit about your work:

### Medium type

Painting  Drawing  Video  Music  Photography  Other

File requirements for different medium submissions: Image (JPEG/PNG), Sound File (MP3 or WAV file), Video File (MP4 or AVI).

**In submitting this form and work you agree to Intereach sharing your piece electronically and crediting your name for your work.**



**Tune  
in  
this  
MENTAL HEALTH  
MONTH**



[mentalhealthmonth.org.au](http://mentalhealthmonth.org.au)

