



**FEDERATION  
COUNCIL**

THE HOUSEHOLDER  
POSTAGE PAID AUSTRALIA

**FEBRUARY 2024**



Urana Flame N' Feast was a huge success!  
Read more on page 6.



[www.federationcouncil.nsw.gov.au](http://www.federationcouncil.nsw.gov.au)

# URANA DISTRICT NEWSLETTER

CREATING OPPORTUNITY CELEBRATING COMMUNITY

# FREE MICROCHIPPING

FREE MICROCHIPPING DAY ON

## 16 MARCH 2024

**Oaklands 9am-11am • Urana 12pm-2pm**

Coronation Park, Milthorpe St, Oaklands

Urana Council Office 30-32 William St, Urana



**IT'S TIME FOR YOU TO GRAB YOUR PET, AND ALL THEIR FRIENDS. AND JOIN US FOR A PAW-SOME DAY OUT AT OUR FREE MICROCHIPPING DAY!**

- FREE Microchipping for your doggies and kitties over four months old
- FREE Registration Checks
- FREE Sausage Sizzle
- Special Treats for your pets
- Meet Ranger, Rob! He's got the scoop on how you can be the best pet parent, understanding your responsibilities, and ensuring that your pet lives the happiest, safest life possible
- No litters.

### FIND OUT MORE!

T&C's apply.



**FEDERATION  
COUNCIL**

[www.federationcouncil.nsw.gov.au](http://www.federationcouncil.nsw.gov.au)

# URANA NEWSLETTER

## CONTENTS.....

Inside Front Cover: Free Microchipping Day	2
Mayors Message	4
Council Meetings & Public Forum	5
Federation Council News	6-19
Urana Flame N' Feast	6
Fischer Community Leadership Program	7
Federation Community Grants Program - Round two	8
Australia Day in Morundah & 2024 Australia Day Awards	9-10
Flood Mitigation Design Projects at Urana & Morundah	11
Service NSW Corowa Agency	11
Ageing Well Committee - No Broken Hearts this Valentine's	12-13
Animalia Exhibitions	13
Senior Artists invited to participate in Community Exhibition	14
Positions Vacant & Sign up to our Electronic Newsletters	14
Fight the bite!	15
Help shape the future of Corowa Health Service	16
Capital Works Program Update - November 2023	17-18
RFQ Consultancy Services	18
Free Microchipping Day & Ageing Well Festival	19
Urana District News	20-30
Urana Progress Association	20
Riverina Regional Library - Mobile Service	21
House for rent - Urana	21
Urana Campdraft	22
Morundah Comedy Festival	23
One Door Mental Health - Mental Health Education	24
CWA Oaklands News 2024	25
"EULO GLEN" Farm Lease Opportunity	26
CWA Oaklands Women's Dinner	27
Corowa Kinship Carers & Grandparents Group	28
Mobile Preschool	29
Wiggle & Giggle Corowa	30
Urana & District Community Health Services	31-32
Health Services	33-40
Urana District Advertising	41-49
Waste Facilities and Charges	49-51
Calendar of Events	52
Inside Back Cover: Federation Ageing Well Festival	53
Back Cover: Urana Flame N' Feast	54

## MAYORS MESSAGE



Dear Readers,

Welcome to the first edition of the Urana & District Newsletter for 2024.

I hope you all had a safe and Merry Christmas/New Year period with your friends and family.

In this month's edition of the Urana District Newsletter, we discuss all things Urana Flame N Feast, round two of our community grants opportunity, an update on the flood mitigation design projects at Urana and Morundah and we are pleased to share our 2024 Australia Day Awards recipients.

Also in this month's edition is many valuable resources and information for residents, as well as initiatives and projects where Council invites you to participate in.

2024 is set to be a big year for Council and I for one look forward to the year ahead. This year is sure to provide plenty of opportunities for Council and the community to continue to work together to ensure our communities thrive and move forward.

Until next time, be kind to yourselves and one another.

Federation Council Mayor - Cr Pat Bourke.



## COUNCIL MEETINGS 2024

Ordinary meetings of Council are generally held on the last Tuesday of the Month commencing at 9:30am.

Federation Council is pleased to offer LIVE streaming of our monthly Council Meetings. This gives residents the opportunity to observe Council business via their computers and mobile devices.

Please visit Council's website and click on the LIVE STREAM link to watch the Ordinary Council Meeting live. For past meetings select the icon under 'Media'.

<b>Tuesday 27 February</b> Corowa Chamber	<b>Tuesday 26 March</b> Urana Chamber
<b>Tuesday 30 April</b> Corowa Chamber	<b>Tuesday 28 May</b> Urana Chamber
<b>Tuesday 25 June</b> Corowa Chamber	<b>Tuesday 30 July</b> Urana Chamber
<b>Tuesday 27 August</b> Corowa Chamber	<b>Tuesday 22 October</b> Corowa Chamber
<b>Tuesday 26 November</b> Urana Chamber	<b>Tuesday 17 December</b> Corowa Chamber

Digital versions of the Urana District Newsletter are available on Federation Council website.

[www.federationcouncil.nsw.gov.au/Council/News-Media/  
Urana-District-Newsletter](http://www.federationcouncil.nsw.gov.au/Council/News-Media/Urana-District-Newsletter)

## PUBLIC FORUM

Members of the public have the opportunity to address the Council prior to Ordinary and Extraordinary Council meetings. The forum allows for verbal submissions/presentations from community members on items of business to be considered at the meeting. Conditions are outlined in Council's Code of Meeting Practice. Council holds Public Forums on the Monday before the Council meeting at 5.30pm. To apply to make a presentation at a public forum, please submit your request via the online form available from Council's website.

## URANA ENJOYS AN EVENING OF BBQ & FEASTING & MORE AT FLAME N' FEAST



Urana and neighbouring communities turned out on Saturday 3 February for Flame N' Feast, a spectacular BBQ event hosted at the Urana Aquatic Centre by the Federation Council.

Festivities boasted an array of free attractions including kids' amusement rides, face painting, an exciting cooking demo by celeb chef Grant Neal, as well as a variety of food trucks, live music and enticing market stalls.

The event commenced with a Welcome to Country and stirring didgeridoo performance from Wiradjuri elder, Michael Lyons. Guests were then treated to delectable bites from renowned food trucks such as Redhead and Chef, Max's BBQ, Slinky Spuds, Yum Yum May, and frosty sweets from the Ice Cream Van.

A highlight of the evening was the fiery cooking demonstration by award-winning BBQ pitmaster, Grant Neal, who cooked up a cut of local lamb. Grant then awarded the grand BBQ prize of Flame N' Feast 'Dish Of The Day' going to Cody and Mandy from Redhead & Chef with their Beef Brisket & Stacked Fragrant Rice.

Other awards from the day went to culinary maestros in the following categories:

- Best BBQ Sauce: Brie and Jake from Rub N' Smoke for their Smoky BBQ Sauce
- Best Sauce: Amanda from Yarramanda Farm for her Chili Sauce
- Best Condiment: Jan Roberts for her Pickled Zucchini
- Best Condiment Runner-up: Marie for her Green Tomato Relish
- Best Sweet Treat: Marj Ferguson for her Caramel Slice

The picturesque Urana Aquatic Centre foreshore provided the perfect backdrop for the evening's festivities and performances from musicians Toby Mobbs, Dylan Raath, and Marcus Osborne. The Mulwala Waterski Club delivered a number of performances that left a lasting impression on all attendees.

"I was thrilled to not only see such a wonderful turn out from the local community but to see guests come from further afield to enjoy this evening with us," said Cr Patrick Bourke, Federation Council Mayor. "It has been a tough couple of years for us folk here in Urana and the Federation Council so it's so important to come together in celebration and see the various community groups work together to put on nights like tonight. Thanks to all involved."

Urana Flame N' Feast was made possible with the support of the Waterfront Pavilion, Urana Bowling Club, Corowa Lions Club and cookbook author Nikalene Riddle. The event was funded by the NSW State Government's Reconnecting Regional NSW, community events

program and is one of five events in a series being rolled out in the North of the Murray region this Summer.



## 2024 Fischer Community Leadership Program

**Greater Hume Council - Culcairn**

**Friday 1 & Saturday 2 March 2024**

Online sessions: 7pm, Mon 11 & Mon 18 March

**Federation Council - Urana**

**Friday 22 & Saturday 23 March 2024**

Online sessions: 7pm, Mon 8 & Mon 15 April



### About the Program

The Fischer Community Leadership Program is an initiative that will enable and empower leadership within the community from the grassroots up. The focus of the program is to develop leadership skills and create a group of community leaders that are equipped to take action and make a difference.

- Captains, coaches and other sporting leaders
- Local committee leaders
- Emergency Services Volunteers
- People wanting to make a difference in their community

### Apply now if you

- Are motivated to participate and engage in community life
- Have a desire to use your skills to make a difference and enhance your community
- Emerging and current community leaders
- Can commit to attending all the workshops
- Have an interest in developing your own leadership in the community

### Time Commitment

- 2 x 7 hour consecutive days  
*Dinner will be booked for the group, meals and drinks at own cost*
- 2 x evening zoom sessions  
Greater Hume: 7pm, Monday 11 & Monday 18 March  
Federation: 7pm, Monday 8 & Monday 15 April

### Contribution \$60

This program is subsidised thanks to funding provided through the NSW State Government Stronger Country Communities Fund Round 5. Note that any personal expenses incurred, such as travel or accommodation, are not included in the program costs.

[www.fischerleadership.com.au](http://www.fischerleadership.com.au)



# FEDERATION COUNCIL NEWS

## FEDERATION COMMUNITY GRANTS PROGRAM



Round two of the Federation Council 2023/2024 Community Grants Program is now open with funds available to help local community groups, organisations and clubs to deliver a range of community projects and events.

Federation Council Mayor, Cr Patrick Bourke is encouraging not-for-profit groups and organizations to apply for a share in \$30,000 of funding for this year's second round of Community Grants Program.

"The Community Grants Program is an initiative aiming to empower groups to develop ideas, projects and events that can contribute to the vibrancy and connected community of Federation Council."

"We see this as a way to bring forward new ideas and help to develop existing projects to a new height. The grants program is a community focused initiative that gives organisations a way of involving the wider community, their participation in local activities and, championing projects that have a strong economic and social impact," Mayor Bourke said.

Eligible applicants can apply under one of three categories:

- Category 1 – Seed funding grant; to support the establishment of new initiatives, applicable up to \$3,000 per applicant.
- Category 2 – Emerging Grant funding; to support the promotion of emerging projects, applicable up to \$1,500 available per applicant.
- Category 3 – Community events grant; to support the strategic development for small to medium events, applicable up to \$1,500 per applicant.

Eligible applicants can apply for grant funding for one-off projects through one of the eleven focus categories:

1. Arts and Culture;
2. Accessibility and Inclusion;
3. Children and Families.
4. Community Work and Welfare;
5. Events & Tourism;
6. Health Promotion;
7. Seniors (Ageing Well);
8. Sports and Recreation;
9. Skill Development and Learning;
10. Volunteers
11. Young People

"If you are an eligible group and you have a great idea that can benefit the wider community, submit your initiative through the Community Grants Program via our online application form from Monday 5 February, 2024. Applications will close 5pm, Friday 15 March 2024."

Council encourages all groups wishing to apply to check Council's website for the guidelines to ensure Council can assist as many groups as possible bring new ideas to fruition for the region.

Applications recommended for approval will be considered and announced to successful groups at the April 2024 Ordinary Council meeting.

### COUNCIL CELEBRATES AUSTRALIA DAY IN MORUNDAH



Residents, friends, family and visitors celebrated everything that's great about living in Australia at this year's Federation Council Australia Day celebrations.

The Federation community were joined by Australia Day Ambassador Anupam Sharma and Council officials to celebrate Australia Day at the Paradise Palladium Theatre in Morundah, where community members were treated to Dylan Forge's fantastic rendition of our Australian Anthem. The ceremony was followed by a free community lunch catered by the Morundah Bush Entertainment Committee Inc. and musical entertainment from the Moodemere String Quartet.

### 2024 AUSTRALIA DAY AWARDS

**Citizen of the Year Winner:** Leo Anic. Leo Anic has been pivotal in the establishment of two initiatives, Friday Night @The Station and The Men's Table. He has also provided emergency and crisis support through his work as the first Amaranth Ambassador. Leo exemplifies community pride through promoting local businesses. Leo and his camera can always be found at community events,

recording them for posterity and posting them on various social media platforms to showcase the wonderful community we live in.

Earlier this year Leo travelled to Snowy Valleys bushfire recovery area with Amaranth Foundation to film the efforts of a Corowa NFP working in bushfire recovery remotely. Leo's video resulted in Amaranth Foundation being nominated for the MPHN 2023 Primary Healthcare Awards under the 'Promoting Healthy Communities' category. Leo recently took on the role of Town Crier as part of festive season celebrations.

**Young Citizen of the Year Winner:** Dylan Forge.

Performer Dylan Forge was the Inaugural Federation Council Youth Mayor which led him to oversee several community projects including the Memorial Plaza Interactive Mural, Colour Run, Howlong Lowe's Square ping pong table and the Sanger Street Piano.

Dylan has represented our region overseas in Scotland, Ireland, Malaysia and Singapore with Bagpipe playing. Dylan was successful in 2023 in becoming a world champion bagpipe player with his former school, The Scots School Albury Pipe Band. They were the aggregate winner of the competition in Grade 4B, receiving the title "Champion of Champions". Dylan was a bagpiper in The Royal Edinburgh Military Tattoo this year, which involved him playing 25 shows in front of 9,000 people each night.

Other committees and groups Dylan has been involved in include the Skate Park Advisory Committee, Corowa Pool Advisory Committee, Corowa Leos and St. Mary's Corowa Altar Servers.



# FEDERATION COUNCIL NEWS

**Community Group of the Year Joint Winners:** Howlong Community Progress Association Inc and Country Women's Association of NSW Oaklands Branch.

The Howlong Community Progress Association Inc (HCPA) has been in existence for three and half years. All projects undertaken are for the benefit of the Howlong community.

The development of a Community Emergency Response Team instigated by the HCPA was a significant development for the community. A number of volunteers rostered on 24/7, addressing the need for quick response to health emergencies. This response time has now been significantly reduced from over 25 minutes to under 10 minutes.

HCPA has a volunteer committee which meets monthly to deliver a wide range of outcomes. The HCPA has undertaken the following activities: Annual Cleanup Australia Day, functions with a BBQ, have been guest speakers at public meetings which have included Greg Page the founder of Heart of the Nation. Their short-term goals are to assist with the Christmas Festival, light up the Main Street for Christmas and fundraising to build a toilet facility at the Howlong Cemetery.

The Oaklands branch of the CWA was formed in 1949. They currently have ten members who help in all community events and projects, catering events at their rooms, hosting the Women's Dinner and working with Oaklands Central School.

One of their key initiatives has been the preservation and protection of the endangered Oaklands Diuris orchid. In 2012 they instigated the building and erection of a steel sculpture in the gardens of the CWA Rooms in the town centre to highlight the endangered species. Over many months, assisted by

the 'save and protect' team, many tasks towards the preservation of the orchid were achieved. Many hours of work went into updating information on signage to promote the orchid, providing the latest progress in planting thousands of orchids in the Southern Riverina.

On the 12th October 2023, the Oaklands Branch's efforts were rewarded in NSW Parliament by the Legislative Assembly Hansard. They were thanked for their dedication and efforts to the save the Oaklands Diuris orchid.

**Local Achiever Award Winner:** Dylan Forge.

**Student Achievement Awards:**

**Boree Creek Public School:**

Cooper Patey & Geoffrey Strong

**Corowa High School:**

James Frazer & Tamir Richardson

**Corowa South Public School:**

Ashton Powzyk & Stella Patten

**St Mary's Primary School, Corowa:**

Oliver Mathews & Cienna Dickins

**Howlong Public School:**

Kylah Matthews & Kai Mount

**Mulwala Public School:**

Finn Angwin & Nevaeh Rosmulder

**Oaklands Central School:**

Aurora Butler & Melissa Smith

**Rand Public School:**

Cooper Kuhne & Lexi McCall

**Urana Public School:**

Alexis Finch & Max Fealy

The 2024 Federation Council Australia Day Awards and Ceremony was assisted by the National Australia Day Council.



## FLOOD MITIGATION DESIGN PROJECTS AT URANA AND MORUNDAH

Federation Council commenced two flood mitigation design projects in June 2023. The projects are being undertaken by consultant's Dryside Engineering for Federation Council. The projects have now progressed to the completion of the concept design stage. The concept design drawings can be viewed and / or downloaded from this page.

The first project at Urana involves the design of an upgrade of the existing temporary 1.2 km long flood protection levee. The 2.2 km long upgraded levee at Urana will be predominantly located on unused road reserve. The levee will be constructed from a suitable clay based material, topsoiled and grassed.

The Urana levee design crest height will most likely be elevated 0.5 metre above the 1 in 100 year flood level, providing the township with protection from Urangeline and Billabong Creek flooding. Culvert structures will be provided through the levee to cater for local runoff flooding, with provision to prevent backflows from the wet side of the levee.

The second design project at Morundah includes a 660 metres long diversion bund / levee designed to protect the township from local runoff flooding originating from the east side of the town area. The bund will be approximately 0.6 metre high. The bund will deflect local runoff away from the town area.

The Morundah works will also include an upgrade of the gravity pipe drain through the existing creek levee bank adjacent to the stormwater pump outlet facility.

The proposed 1.35 metres diameter culvert will provide for extra capacity to discharge local runoff flooding.

The design projects will now progress to detailed design over the next six to nine months. The detailed design drawings will be put out for public comment prior to finalization.

Once the design project are completed, Council will apply in early 2025 for NSW and / or Federal Government funding to construct the flood mitigation works. If Council is successful in accessing funding, the construction works would be expected to take place in 2026.

Further information on the Urana and Morundah projects can be obtained from Council's flood projects officer, Trevor Clark (0427 211 853, [trevor.clark@federationcouncil.nsw.gov.au](mailto:trevor.clark@federationcouncil.nsw.gov.au)) or Dryside Engineering's project manager, Ed Henty (0458 501 801, [ed@dryside.com.au](mailto:ed@dryside.com.au)).

## SERVICE NSW COROWA AGENCY

The Corowa Service NSW agency is located within the Corowa Civic Centre, Federation Council, 100 Edward Street Corowa.

### Opening Hours

Monday - Friday, 9.30am - 4.30pm.

### Services available

- driver licence transactions
- vehicle registration transactions
- driver testing
- boating licence and vessel registrations
- contractor licence applications
- applications for birth, death and marriage certificates
- Seniors Card applications
- RSA/RCG competency cards
- Working with Children Checks

## AGEING WELL COMMITTEE - NO BROKEN HEARTS THIS VALENTINE'S DAY



*Pictured: Wendy Eyers, Liz Seeliger, Councillor Gail Law, Yvonne Perin, Vivian Spilva and Stan Bromley*

To ensure there is no heartbreak this Valentine's Day, the Federation Ageing Well Committee is doing their bit by raising awareness about the importance of knowing CPR and being familiar with the nearest Automated External Defibrillator (AED), in case you need it in the event of an emergency.

Around 25,000 Australians suffer a cardiac arrest outside of hospital every year. The quicker a person in cardiac arrest receives CPR and defibrillation (if possible), not only improves their chances of survival but it can also help to improve the chances of them recovering fully and reduces the time to do so. Using a defib in the minutes before an ambulance arrives can double someone's chances of survival. In fact, research has shown that early cardiopulmonary resuscitation (CPR) and defibrillation in the first eight to ten minutes sees survival rates jump from 6% up to 75%.

Ageing Well Committee member, Yvonne Perrin wants people to know that the growing health issue of sudden

cardiac arrest has a response we can all participate in, "You can play your part in making our community a safer place for everyone by completing a first aid course and having the skills and confidence to respond effectively with CPR, and knowing where the nearest defibrillator is located."

A defibrillator (sometimes called a 'defib', or AED if it's an automated external defibrillator) can save someone's life if they have a cardiac arrest. They are easy to use and take up no more room than a fire extinguisher. Those shocked by a public defibrillator had an impressive 47% survival rate, far higher than the 26% survival for those who were shocked first by paramedics.

"In the last few years, we have seen a number of public accessible defibs be installed across the Council area that are available 24 /7. There is now one outside the Hume Bank in Corowa and Howlong, Club Corowa, Oaklands RSL & Bowling Club, Balldale Hotel, and the Howlong Football Netball Club. Along with many local sports and community groups having defibrillators available in the club rooms," said Yvonne. "Knowing that there is AEDs that any community member can access at any time is comforting for many older people, especially those that live in our rural towns and villages where emergency services may take up to 45 minutes to arrive due to the distance."

The Ageing Well Committee have recently been discussing at their meetings AED Locator apps such as the Heart of the Nation app. "One of the committee members mentioned Heart of the Nation, created by the original yellow Wiggle, Greg Page OAM, which has an app that you can download onto your phone," said Ageing Well Ageing Well Committee member, Wendy Eyers.

"If you are willing and able to perform CPR, and are aged 18 or older, you can also register yourself as a community responder such as Good SAM to via the NSW Ambulance. It can call 000 for you, alert nearby responders when a cardiac arrest is happening so they can help with CPR, and deliver an AED and provides a map of devices nearby."

Wendy is also encouraging community groups, businesses and organisations with publicly accessible defibrillators to ensure their defibrillator is registered on the NSW Automated External Defibrillator (AED) Register, "Spending a few minutes and registering your defibrillator could make a real difference in saving someone's life giving the responder real time access to AED locations and their availability,"

The NSW Automated External Defibrillator (AED) Register is NSW Government initiative which will assist first responders in providing first aid, while also allowing communities, town planners and researchers to understand the availability of AEDs across NSW and look at opportunities to install new ones. As a person responsible for one or more AEDs, you can register your AEDs through your Service NSW account, following the prompts to 'Register my AED' or by going directly to [register.aed.nsw.gov.au](http://register.aed.nsw.gov.au).

## ANIMALIA EXHIBITION



DIG YOUR PAWS INTO A MENAGERIE OF  
ARTWORKS INSPIRED BY THE ANIMAL KINGDOM  
COROWA ART SPACE 🐾 18 JAN - 3 MAR

Art enthusiasts and school holiday makers will be able to dig their paws into a menagerie of artworks inspired by the animal kingdom at the upcoming 'Animalia' exhibition at Corowa Arts Space.

Featuring creatures big and small, the works on display are sourced from the Corowa Collection and from the private collections of several artists and collectors in the region. The free exhibition offers a unique glimpse of artistic interpretations by Australian artists who have paid homage to the beauty and wonder of the animal world.

Animalia will be available to view at Corowa Art Space from Thursday 18th of January and closes on Sunday 3rd March. The gallery is open Wednesday to Friday from 10am until 4pm and on Saturday and Sunday from 10am to 2pm.

# FEDERATION COUNCIL NEWS

## SENIOR ARTISTS INVITED TO PARTICIPATE IN COMMUNITY EXHIBITION



**A COMMUNITY ART EXHIBITION CELEBRATING  
OUR ARTISTS AGED 55 AND ABOVE**  
**COROWA ART SPACE • 8 MARCH - 2 APRIL**

Artists aged 55 and over are invited to submit their favourite artwork to an upcoming community exhibition to be held at the Corowa Art Space in 2024.

The exhibition will be on display from 8 March – 2 April 2024 and will run to coincide with NSW Seniors Festival and the Federation Ageing Well Festival and its various events occurring throughout the region.

NSW Seniors Festival celebrates the role and contributions of older adults to our local communities. The theme of the festival and consequently the title of the exhibition is Reach Beyond!

Age is no barrier to excellence, a fact that is particularly apparent in the field of arts.

Artists interested in submitting a piece can download a submission form with further details on Council's website or enquire at [communityevents@federationcouncil.nsw.gov.au](mailto:communityevents@federationcouncil.nsw.gov.au)

## POSITIONS VACANT

### JOIN THE TEAM AT FEDERATION COUNCIL

Discover what job opportunities Federation Council has for you!



Federation Council is committed to being a quality Council with a strong focus on the delivery of services that continually meet community expectations. If you are committed to excellent customer service, being a competent team player and have a focus on results orientation that drives strategic thinking and fosters a culture of innovation, learning and continuous improvement, then visit Federation Council's website to see what opportunities are for you.



Federation Council produces a number of electronic newsletters to engage with our community and visitors regularly and to showcase the vast array of Council projects and updates. Subscribe now, visit Council's website.

# Fight the Bite!



**Mosquitoes are going to be out in force this summer.**

Mosquitoes can give people serious diseases like Ross River Virus, Barmah Forest Virus and Murray Valley Encephalitis. Follow these 4 simple steps to protect your family from mosquito bites.



- 1** Try and avoid areas where mosquitoes are common, like swamps and marshlands.
- 2** Wear loose, long and light coloured clothing, especially around dusk and dawn when mosquitoes are most active.
- 3** Wear mosquito repellent. Use brands that contain either DEET, Picaridin or oil of lemon eucalyptus (OLE), apply to all uncovered skin and follow the label directions.
- 4** Get rid of mosquitoes around the house by using plug-in insecticide mats, flying insect knock-down sprays and fly screens. Remove any water-holding containers outside the house where mosquitoes could breed.

For more information: **[health.nsw.gov.au](http://health.nsw.gov.au)**



October 2020 © NSW Health, SHPN (HPNSW) 200654.



## HAVE YOUR SAY - HELP SHAPE THE FUTURE OF COROWA HEALTH SERVICE

Residents of Corowa and surrounding towns are invited to have their say on the future planning of health services for the community.

A community survey will be launched on Thursday, 1 February as part of the service planning process that will see the development of the Corowa Health Service Plan.

Murrumbidgee Local Health District (MLHD) Chief Executive, Jill Ludford said consultation with stakeholder groups and community members is an important part of developing a Health Service Plan.

"A Health Service Plan outlines the health services required to reflect the community's needs into the future and makes recommendations about the best way to deliver these services," Ms Ludford said.

"Communities play a critical role in the process of developing a Health Services Plan and we will be providing a range of opportunities for people to be involved, including surveys, street stalls, and meetings with key stakeholders and community members."

A Partnership Reference Committee has been convened to provide local input throughout the planning process. This group involves various stakeholders including members of the Local Health Advisory Committee, Federation Council, community representatives and local service providers such as GP's, NSW Ambulance, and the Primary Health Network.

The project team will also engage with a broad range of healthcare stakeholders including Corowa Health Service staff, social and aged care service providers, medical centres, and other health organisations.

A number of street stalls will also occur during February and March to gather input from the community. Look out for our 'Have Your Say' banner in the main street.

"We want as many people as possible within the local community to get involved, including young people and people from Aboriginal and other culturally and linguistically diverse backgrounds, so we capture a variety of views and needs within the local area.

"Wide input is essential to develop a plan fit for the future."

Following the consultation process a draft Health Service Plan will be produced and placed on public display for one month for stakeholders to provide feedback. The feedback will be assessed, consolidated and incorporated into the final plan where feasible, and discussed with the Partnership Reference Committee prior to endorsement through MLHD.

### HOW TO HAVE YOUR SAY

To complete the Community Survey and find out when street stalls will be held go to the Murrumbidgee Local Health District website

The survey is open for four weeks – 1 February to 29 February 2024.

Paper copies of the survey will also be available at Corowa Hospital reception, HealthOne reception, and Federation Council's Corowa Customer Service Centre and can be returned to these locations by 29 February.



## CAPITAL WORKS PROGRAM UPDATE - NOVEMBER 2023



Council has an ongoing program of capital works and upgrades to buildings, parks, playgrounds and roads across the Federation Council Region. The following activities were undertaken during November 2023 by Federation Council's Operations Works teams.

### **Boree Creek Road 900-meter reconstruction**

Section from 6km to 8km, new gravel pavement, second layer 100mm. Final trim of and sealing of 2km to 8km section.

### **Balldale Road 8km reconstruction – LRCI Grant**

Lime stabilization has been completed for the 900m section of the works. Gravel works commenced however were delayed due to wet weather. Once gravel is placed and compacted, sealing works can be completed.

### **Shoulder Rehabilitation Back Berrigan Road**

Shoulder rehabilitation work on Back Berrigan Road was completed. The works included rehabilitation of a 1m wide strip with a 400m seal.

### **Footpath Maintenance Program**

Footpath repair program commenced, focusing on trip hazards and high

pedestrian traffic areas.

### **RLRRP Grant – Shoulder Rehabilitation**

Council secured funds from NSW Government for Regional Local Rural Road Repair. Program to undertake road repairs on sealed and unsealed roads after the floods in late 2022. Council is using this grant to fund Shoulder Rehabilitation on various roads throughout the LGA.

Works ongoing in November – Back Berrigan Road, Merton Road.

### **TfNSW – Ordered Works**

Line marking of 3 roundabouts Federation Avenue, Sanger Street and Honour Avenue after asphalt resurfacing.

### **Corowa Landfill**

A new hardstand area for concrete and bricks using recycled crushed concrete from the site has been constructed.

### **Table drain maintenance**

Table drain maintenance focussed on customer requests during winter. Please Note: Works were carried out only in zones where no impact can be made on the Sloanes Froglet (between April and October breeding season).

### **Sealed Roads**

Line marking of intersection hold lines, loading zones, disabled carparks in Corowa. Line marking Howlong Medical Centre carpark. Numerous customer requests for pothole repairs on sealed urban and rural roads have been received and actioned with the Corowa based Flocon patching truck and the Urana based Jet Master patching truck.

Work is continuous on all roads such as: Federation Way south/north, Jerilderie Road, Boree Road, Urana/Boree/Morundah/Oakland and Rand township and rural roads.

# FEDERATION COUNCIL NEWS

## Maintenance Crew/Sundry Crew

- Culvert installations / repairs
- Patching with cold mix
- Sign replacements
- Guild posts / signage
- Footpath maintenance
- General maintenance in townships
- Working on both construction jobs when needed
- Flood damage repairs
- Fulfilling customer requests
- Floating plant throughout the shire
- Operating loader in pits and stock piles
- Table drain maintenance

## Heavy Trucks

- Boree Creek – bulk earthworks and gravel carting.
- Back Berrigan Road – gravel carting for shoulder rehabilitation.
- Federation Way(Urana Morandah Road)- Gravel Carting
- Balldale Road – bulk earthworks and gravel carting
- RLRRP – gravel carting for shoulder rehabilitation
- Carting stone for patching trucks and JetPatcher
- Carting excess spoil from Mulwala to Corowa Landfill for cover & capping

## TfNSW – RMCC

Maintenance works under the RMCC agreement continued in November. Yarrowonga – Mulwala bridge cleaning ready for line marking.

## Quarries

Planning is well under way for the next phase of blast and crushing at the Balldale and Daysdale quarries. The gravels will be used for upcoming RLRRP and capital works programs. Awaiting contractor.

## Slasher

North: Burndale Road, Four Corners Road, Bynedale Road, Corowa Oaklands

Road, Back Berrigan Road, Clear Hills Road and Bidgeemia Road. Slashing activities will cease in the month of December with operations moving onto table drain maintenance and heavy patching activities.

South: Bull Plain Road, Boat Rock Road, Rennie Township, Savernake Township, Savernake Road, Sloanes Siding Road, Tocumwal Road.

## RFQ CONSULTANCY SERVICES - CHILDREN, YOUTH & FAMILY STRATEGY

Federation Council is seeking Request for Quotation (RFQ) for consultancy services from community engagement specialists to assist Council in the development of its inaugural organisational-wide, four-year Children, Youth, and Family Strategy.

Documentation relating to the RFQ including the submission process, deliverables and selection criteria will be available from Council's website from Monday 12 February with submissions received up to 5pm Monday 18 March, 2024.

Submissions need to be provided no later than 5pm, Monday 18 March 2024 by e-mailing [council@federationcouncil.nsw.gov.au](mailto:council@federationcouncil.nsw.gov.au) (Att. Manager Eco Development & Community).

Any queries or clarification in writing during the open Request for Quote period should be directed to Council's Community Development Team Leader via email: [amber.harvey@federationcouncil.nsw.gov.au](mailto:amber.harvey@federationcouncil.nsw.gov.au)

## FREE MICROCHIPPING DAY IN OAKLANDS & URANA



It's time for you to grab your pet, and all their friends, and join us for a PAW-some day out at our FREE Microchipping Day!

Date: Saturday 16 March,  
Venue & Time: Coronation Park, Milthorpe St, Oaklands from 9am – 11am, and Urana Council Office 12pm – 2pm.

It's a no-brainer for your pet's safety and your peace of mind!

To keep you and your fur babies energized, we're firing up the grill for a FREE sausage sizzle, with special treats for your four-legged pals.

Don't miss the chance to meet our friendly Ranger Rob and learn about responsible pet ownership and all things animal welfare. It's an amazing opportunity to ensure your pets are always safe, happy, and accounted for.

Keep watch for the upcoming announcement for the Corowa Pet's Day Out event.

Find out more from the poster on the inside front cover or visit Council's website.

## AGEING WELL FESTIVAL



Get Live and Local at the 2024 Federation Ageing Well Festival.

Federation Council invites senior residents to join in the fun this March by attending an event in your local town.

Bookings can be made online via Council's website or by contacting the Corowa Visitor Information Centre P: 6033 3221.

The NSW Seniors Festival runs from 11 – 24 March 2024.

It is about getting out and about, picking up new skills, learning what activities and services are available, joining local clubs and groups in the community, meeting others, and most importantly, having fun.

Review the program of events from Council's website.

# URANA DISTRICT NEWS

## URANA PROGRESS ASSOCIATION

### Christmas

Our Volunteers lunch was delightful and Barry was 'presiding over' the Community Lunch! Marj and Joan had a Secret Santa organized and that provided lots of interest and laughs.

Our Community Morning Teas will again be held on the first Tuesday of the month at 10 am and more community members will be welcomed.



### Volunteers

Urana Progress Association value the volunteers that we currently have and acknowledge all the work that is done within the Museum, at the Aviary and assisting with events during the year.

We would however, welcome more community members who have a couple hours to spare – whether that be at the Museum on a Tuesday; at the Aviary any time that suits or even spending an hour or two in the Museum garden at their leisure. Once the weather cools down a bit we have a few plans for the garden and would appreciate some extra help. Please contact Barry or myself come along on a Tuesday if you are interested.

### Riverina Water Grant

We would like to thank Riverina Water for our successful Grant Application. We are now organizing for a water feature and other additions to the Aviary. Once we have all items we will have a working bee for the installation. Again if anyone would like to assist with this, please contact Barry, myself or any Association member.



### Newspapers

Did you know – “Facebook” existed in Newspapers back in the 1950's! We have spent many hours trawling through old Newspapers to retrieve Urana articles and in the process came across some interesting facts about who came here to visit relatives, where locals spent their time and who was recuperating after a hospital stay – all things that we now see on Facebook! We will now purchase appropriate folders to preserve and display these newspaper articles

## RIVERINA REGIONAL LIBRARY - MOBILE SERVICE

### Southern & Northern Regional Library 2024 MOBILE LIBRARY SCHEDULE



<b>URANA</b> 1:45pm – 5:00pm	Tuesday, 20 February 2024	Tuesday, 5 March 2024	Tuesday, 19 March 2024
<b>OAKLANDS</b> 9:00am – 11:00am	Wednesday, 21 February 2024	Wednesday, 6 March 2024	Wednesday, 20 March 2024
<b>RAND</b> 12:15pm – 1:15pm	Wednesday, 21 February 2024	Wednesday, 6 March 2024	Wednesday, 20 March 2024
<b>BOREE CREEK</b> 1:30pm – 3:00pm	Tuesday, 27 February 2024	Tuesday, 12 March 2024	Tuesday, 26 March 2024

### URANA - HOUSE FOR RENT

- 4 Bedroom
- 2 Bathroom
- Large Shed
- Double Carport
- Rent \$300.00 per week
- Bond \$1200.00

Contact Council for further information.





**FRIDAY**

D & K Gooden Livestock Cartage  
**MAIDEN A & B** \$35

**SATURDAY**

Billabong Ag  
**LADIES** \$40

Livingstone Earthmoving  
**JUNIOR** \$10

Robson Engineering Urana  
**JUVENILE** \$15

Widgiewa Angus  
**OPEN for OPEN** \$60  
(\$2000 added to prize pool)

**SUNDAY**

Lockhart & District Community Bendigo Bank  
**NOVICE** \$50

Urana Fuel Depot  
**OPEN** \$50  
(Novice & Open horses only)

Urana Hotel  
**ENCOURAGEMENT** \$35

**FEATURE EVENT**

Ted Vogelezang Memorial  
**OPEN CUT OUT** \$40  
Sponsored by: TEV Rural Carpentry & Contracting

**Saturday Night Entertainment – Captain Jack**

**Food & Bar Facilities available all weekend**

**TUG OF WAR – Men's / Ladies / Kids**



**ENTRIES OPEN**

**7pm 18th February 2024**  
via Campdraft Central for 24 hours

**ALL ENQUIRES**

**Jenna King** 0439 929 968  
**Todd Vogelezang** 0429 498 913

**For updates follow our page**



**URANA CAMPDRAFT CLUB**

**Conditions of Entry**

SCA Affiliated – SCA General Rules Apply  
Entries taken to cattle availability. Entry fees include a \$15 cattle levy which will be deducted from all cancellations. Refunds will not be given for cancellations received after 1st March 2024  
Entries will be scratched if payment is not received by 23rd February 2024  
The committee reserves the right to alter or change the program at any time  
Competitors required to be full financial SCA members, or a day membership must be obtained  
Prize Money 60% Payback & Ribbons to sixth Buckles awarded to all winners in each event



# *Morundah* ★ COMEDY ★ *Festival*

TICKETS  
**\$100** EA  
includes supper  
at interval

TICKETS AVAILABLE  
MORUNDAH HOTEL  
(02) 6959 7414  
AFTER 3PM



*Daniel Connell*



*Chris Ryan*



*Billy Stiles*



*Bron Lewis*

## FOR 1 NIGHT ONLY

Saturday 9 March 2024 : 7.30pm

Paradise Palladium Theatre - Browley St Morundah

# URANA DISTRICT NEWS



**One Door Mental Health along with the Federation Council and the Urana Medical Centre, would like to invite you to attend a free Mental Health education morning on Assisting with Conversations about Change.**

**We cannot change another person only ourselves, however there are ways of communicating that may open up the possibility of change. This module explores some of these communication strategies and adds them to the toolbox of communication skills**

**Where:** Federation Council Urana Office  
30-32 William Street, Urana

**Time:** 10.30 am to 1.30pm

**Date:** Tuesday March 12th 2024

**RSVP:** Tuesday March 6th 2024

Michelle Conroy 0481 010 728  
michelle.conroy@onedoor.org.au

Leeanne Mearns 0488 288 707  
leeanne.mearns@onedoor.org.au



Light Lunch Provided





## CWA OAKLANDS NEWS 2024



Christmas was celebrated by members and guests with a luncheon at the Oaklands Hotel.

Thankyou to Brendan and the staff for their efforts to make the day special with a lovely meal, decorations and a surprise piano recital of Christmas carols.

Welcome to Oaklands branch to Dayna Carter as a Junior member. Dayna attends Oaklands Central School and is a member of the Federation Youth Council.

Australia Day was celebrated with a very successful event at Morundah. Members were delighted to be announced joint winner of the Community Group of the Year.

Howlong Community Progress Association shared the podium with us.

Anupam Sharma delivered a heartfelt address. Congratulations to Morundah community and Federation Council for an excellent event, a fabulous turn-out of people to mark Australia Day.

Tickets soon to be available for the annual Women's Dinner Wed 6 th March 2024.

Next meeting Tues 20 February at CWA Rooms Oaklands. 1.30pm start.

**Contact Heather Kerr 0447 335 201  
ALL WELCOME**





# “EULO GLEN”

## Farm Lease Opportunity



Expressions of Interest (EOI) are invited for the lease of renowned farming & grazing property, Eulo Glen.

Comprising the majority of Lot 134, DP756399 and situated on Cullivel Rd, 12 km east of Urana, this 430Ha (1062 acre) lease opportunity should not be missed.

To schedule an inspection, request a copy of the lease contract or to submit an Expression of Interest, please reach out to Luke Hulm of Kent McRae Lawyers, Wagga Wagga, via one of the following mediums:

**Email:** [lukeh@kentmcrae.com.au](mailto:lukeh@kentmcrae.com.au)

**In writing:** Luke Hulm, Kent McRae, P.O. Box 682, Wagga Wagga NSW 2650

For other information Luke can be contacted at: 02 6931 0600

Expressions of Interest close at 4:45pm on 29 February 2024.

## CWA OAKLANDS WOMEN'S DINNER



*Guest speaker Mrs Pam Danaher*

Pam is a long-term Oaklands resident. Pam served as the Personal Assistant to the General Manager of Urana Shire, followed by Federation Council.

Recently Pam has worked as the Personal Assistant to the Chief Executive Officer of Doomadgee Aboriginal Shire Council (pop 2,200) in the Gulf of Carpentaria, Queensland.

Wed 6<sup>th</sup> March 2024

7.00pm for 7.30pm start

Oaklands RSL & Bowling Club, Buller Street

Entry \$50 All tickets pre-paid please (last day 5.00pm Thurs 29<sup>th</sup> February)

Via link <https://www.trybooking.com/COZDR>



\*Lucky Door Prize

\*Raffle Fiammetta

outdoor patio heater

\*Value \$179



**\*\*Any questions? Anna Stienstra 0438 483 612 or Heather Kerr 0447 335 201**

**Organised by Oaklands Branch CWA of NSW**





## Corowa Kinship Carers and Grandparents Group

The Corowa Kinship Carers and Grandparents Group is a group for kinship carers and grandparents who are caring for children on a casual, part-time or full-time basis, who are interested in meeting other carers and the opportunity to seek information and support.

Come along for a cuppa and a chat.

---

**When:** 1st Tuesday of every month, starting Feb 6

**Time:** 10am - 11am

**Where:** Intereach Corowa Community Room

---

For additional information, please contact:

**Shannon** - Intereach Family and Community Worker

**Phone:** 0436 632 423

**Email:** shannonl@intereach.com.au

---

For more information about the services Intereach offers:

P: 1300 488 226 | [www.intereach.com.au](http://www.intereach.com.au)





## MOBILE PRESCHOOL

Mobile Preschool operates in Federation Councils rural communities at Urana, Boree Creek, Rand, Oaklands and Daysdale.

Mobile Preschool is funded by the NSW Department of Education, which recommends children to attend 15 hours of preschool. Mobile Preschool receives Fee relief funding for children aged 3-5 years.

Our program is guided by the Early years learning framework, along with our children, their families and our communities. We connect with our changing environments and our love of agriculture.

If your child is between the ages of 3-5 years old, we would love to hear from you.

Please reach out by contacting us on 0400309444 or by emailing: [preschool@federationcouncil.nsw.gov.au](mailto:preschool@federationcouncil.nsw.gov.au)



# Wiggle and Giggle Corowa

Wiggle and Giggle is a free group for parents and carers with children under school age (0-5 years) where they can enjoy songs, rhymes and stories while connecting with others.

**FREE!**

**When:** Every Monday of  
Term 1, starting Feb 5

**Where:** Club Corowa auditorium,  
30 Betterment Pde

**Time:** 10am - 11am



For more information please  
contact Shannon by calling  
0436 632 423 or email  
[shannonl@intereach.com.au](mailto:shannonl@intereach.com.au)

For more information about Intereach services:  
P: 1300 488 226 | [www.intereach.com.au](http://www.intereach.com.au)



# URANA & DISTRICT COMMUNITY HEALTH SERVICES



## Do you need a Community Health Service?

You can now access Community Health Services such as:

- Community Nurse
- Child and Family Health Nurse
- Generalist Counsellor
- Occupational Therapist
- Dietitian
- Physiotherapist
- Speech Pathologist
- Palliative Care Nurse
- Diabetes Educator
- Chronic Care

By calling one number the health professional on the end of the line will help you access the service you need.

**Call 1800 654 324**  
(1800 MLHD CH)



**Health**  
Murrumbidgee  
Local Health District

<b>Community Nurses:</b>  Karen Brooks  Tanya Gleeson	Community care central Intake <b>1800 654 324</b> Urana Community Nurse <b>0427 892 146</b> Urana Community Health <b>(02) 6930 9224</b> Urana Hospital <b>(02) 6930 9200</b>
<b>Child &amp; family Nurse:</b>  Jacinta Dore	Community Care Intake Service <b>1800 654 324</b> Urana Child & Family Nurse <b>0436 629 328</b> Urana Community Health <b>(02) 6930 9226</b> Urana Hospital <b>(02) 6930 9200</b>
<b>Childhood Immunisations - NSW Childhood Immunisation Schedule.</b>	By Appointment on the above numbers.



## Child and Family Health Nursing

### Supporting Children to be Healthy

It is important to monitor your child's growth and development and the Blue Book helps to keep track of how this is going.



Be sure to take your child to visit your child and family health nurse or doctor at certain ages. If you have any concerns about your child's growth and development at any other time, you should consult your doctor or child and family nurse.

Remember to take your child's Blue Book as the health professional will make notes about your child's health, making it easier to share information.

**Children should receive a routine check by a health professional at:** Birth, 1-4 weeks, 6-8 weeks, 6 months, 12 months, 18 months, 2 years, 3 years, 4 years

Appointments with the child and family nurse can be made through the Community Care Intake Service on **1800 654 324**

or On-Line booking with QR code.



← ONLINE booking form

[www.mlhd.health.gov.au/CFHN-Form](http://www.mlhd.health.gov.au/CFHN-Form)

**MURRUMBIDGEE**  
LOCAL HEALTH DISTRICT



## VALMAR SUPPORT SERVICES LOCKHART OFFICE

Our service areas encompass the Lockhart & Urana Riverina/Murray areas. The following services Valmar Support Services provide are:

- Community Transport.
- Individual Social Support.
- Home Modifications.
- Domestic Assistance.
- Flexible Respite.
- Meals on Wheels/Frozen Meals.
- Personal Care.
- Ladies Social Support Bus Trips.

Following services are brokered by Intereach:

- Home Maintenance.
- Men's Social Support Bus Trips.
- Meals on Wheels.
- Albury Bus Trip.
- Frail aged (65 years & over).
- Have a disability.
- Independence at home is at risk.
- A carer of frail aged or person with disability.
- Isolated, Transport Disadvantage.
- From a culture distinct community, financially disadvantaged.

For further classification of service provision in what area and for any enquiries contact us on:

**Lockhart (02) 6920 4162**

**AgedServices@valmar.com.au**



# VALMAR

## VALMAR COMMUNITY TRANSPORT BUS TRIPS

### **Urana to Albury Bus - 2nd Tuesday of the month \$5**

Oaklands General Store - 8.30am

Daysdale - 8.45am

Arrive Albury Target - 10.00am

Depart Albury Target - 2.00pm

### **Urana to Wagga Bus - 3rd Wednesday of Month \$5**

Departs Oaklands General Store - 7.30am

Urana Hospital - 8.00am

Lockhart Post Office - 8.30am

Milbrulong - 8.45am

The Rock Post Office - 9.00am

Uranquinty - 9.30am

Arrive Wagga Kmart - 10.00am

Depart Wagga Kmart - 2.30pm

### **Urana to Yarrowonga Bus - 4th Thursday of Month \$5**

Departs Urana Hospital - 8.30am

Oaklands General Store - 9.00am

Arrive Yarrowonga - 10.00am

Depart Yarrowonga - 2.30pm

### **Men & Ladies Social Bus Trips \$10**

Interested in Social Bus trips?

Contact Office: (02) 6920 4162.



# HEALTH SERVICES

## LOCKHART HEALTH SERVICES

Should you require transport to/ from any of these services please contact Lockhart & District Community Services to arrange on (02) 6920 4162.

The following services are visiting Lockhart regularly:

### **OPTOMETRIST**

Russell and Chalker Optometrists Eyecare plus are now visiting Lockhart regularly for comprehensive consultations. Glaucoma testing, cataract assessments, macular degeneration.

Adults and Children assessments, and Veteran's Affairs patients welcome. Spectacle frames available.

For appointments please phone (02) 6921 8833.

### **PODIATRIST**

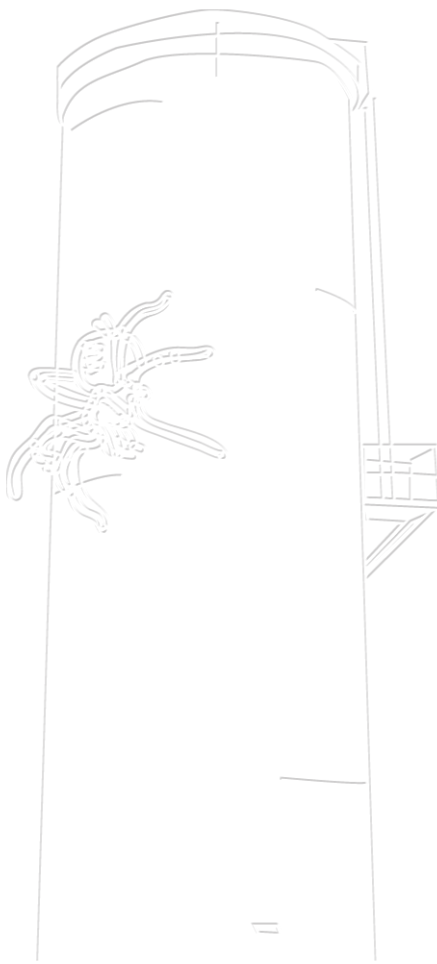
Wagga Foot Clinic visits the Lockhart Community Health building every 4 weeks for appointments please phone the Wagga Foot Clinic on (02) 6921 1783.

### **PHYSIOTHERAPY**

Every Wednesday (is required referral). For appointments please phone Lockhart & District Hospital on (02) 6920 5206.

### **X-RAY SERVICE**

X-ray services are available every 2nd Monday and undertaken at the Lockhart & District Hospital. A referral from the doctor is required. For appointments please phone Lockhart & District Hospital on (02) 6920 5206.





**AAYUSH HEALTH CARE TRUST**

Dr. Veerendra Giri Yaramati

**URANA MEDICAL CENTRE**

31 William Street, Urana NSW 2645

PH: (02) 6920 8333

**Flu Vaccines available now.**

**If you need a Flu vaccine or COVID vaccine please  
contact the medical centre.**

or emergency consultations Saturday and Sunday

Dr Yaramati will be available at the

Urana Multipurpose Centre,

127 Princess Street, Urana

**Phone (02) 6920 8333**



If you are an older person wanting to get involved, very affordable classes are now running in your area.



Health  
Murrumbidgee  
Local Health District

The proven benefits of Tai Chi for older people include...

- Increased balance
- Increased strength
- Increased flexibility
- Increased memory

Venue: St Columba's Church Hall, Hunter Street Oaklands

Date: Monday Mornings

Time: 9.30am

Contact: Louise 0427 004 714

# ***Exercise & Friendship Group***

***STRENGTH AND BALANCE EXERCISE***

**These exercises have been selected to help  
reduce the chance of falls.**

**Every Monday at 09:45 am**

**At Urana Hospital (Community Health)**

**Followed by morning tea and talk  
at \$3 per session**

**Contact Harry on (02) 6920 8374 or Marge  
on (02) 6920 8057**

## HEALTH SERVICES

### CRAFT & CUPPA



Come along and enjoy your craft at  
Urana Community Health.

1st & 3rd Tuesday of the month  
10.30am to 3.00pm

Enquiries:

Anne Kerr 0429 677 577



## ACCESSLINE

*Depression Suicide Anxiety Psychosis  
Alcohol & Drugs Sexual Assault*

*Help for All Ages Anytime*

**1800 800 944**

### Back on TRACK PHYSIOTHERAPY

**Justin Gordon** B. Physiotherapy

p (02) 6033 0933  
e [justin@backontrackphysio.biz](mailto:justin@backontrackphysio.biz)  
w [www.backontrackphysio.biz](http://www.backontrackphysio.biz)

Urana Community Health Centre  
Princess Street, Urana NSW

**Every Monday  
1pm to 4pm**



### AAYUSH HEALTH CARE TRUST

Dr. Veerendra Giri Yaramati

### URANA MEDICAL CENTRE

31 William Street, Urana NSW  
2645

Ph: (02) 6920 8333

**Monday to Friday  
9.00am to 5.00pm**

## Do you love children?

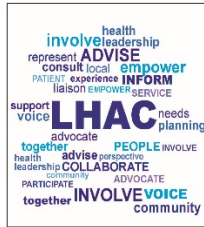
**Do you also want to work from  
home and set your own hours?**

Our friendly, country service needs  
more home based child care educators  
(your home or child's home or suitable  
premises). No professional experience  
necessary. Full support and training  
provided.

Family Daycare  
Greater Hume  
**Children  
Services**

Contact: T: 6026 3877  
[www.ghchildren.com.au](http://www.ghchildren.com.au)





*Urana Local Health Advisory Committee.*

*Your Communities voice with the*

*Murrumbidgee Local Health District and Urana Multi Purpose Service.*

*We meet bi monthly on the last Wednesday of the month.*

*To get involved or to find out more contact the chair at,*

*[urana.lhac.chair@gmail.com](mailto:urana.lhac.chair@gmail.com)*

*Enquiries are always welcome*



*"Let us hold high the lamp of service for the welfare of our hospitals"*

*Urana Hospital Auxiliary.*

*Serving the Urana MPS and local community.*

*We meet bi-monthly, the second Monday of the month.*

*New members are always welcome.*

*To find out more.*

*Contact the Auxiliary secretary at,*

*[urana.uha@gmail.com](mailto:urana.uha@gmail.com)*



# **COROWA PODIATRY**

**At:    URANA COMMUNITY HEALTH**

## **2024 VISITING DATES**

Thursday 25th January

Friday 16th February

Friday 23rd March

Friday 26th April

Friday 31st May

To make a booking please call/text Sharni on 0438 269 658  
OR email [admin@corowapodiatry.com.au](mailto:admin@corowapodiatry.com.au)

These appointments cannot be made via our website.



Photo by Georgie James

For all function room enquiries & bookings please contact  
Urana Bowling & Community Club. Katrina 0429208074



For all gym enquiries, please contact Katrina 0429208074 or Pauline  
0437208196



## INDEPENDENT RESIDENTIAL UNITS FOR THE AGED



Council currently has vacancies available for independent living units for the aged at "BILLABIDGEE PLACE"  
59-73 Princess Street, Urana.

The Units consist of one bedroom, with a kitchen /living room, a bathroom and laundry.

Current rental is \$110 per week. Prospective residents must be holders of a relevant pension card and able to live independently.

Further information can be obtained from Council's website or by calling Council's Property Officer on

02 6033 8999



*Look after yourself better.*



Over the counter medicines and value for money household items are now available 5 days a week at

## Billabong Agriculture Oaklands

Pop in and see Rikki for cough & cold, pain relief, hay fever relief, vitamins and household items.

Scripts can also be dropped off at Billabong Ag Oaklands, and if dropped before 2pm, can be delivered to the patients door on the same day.



**Urana Chemmart Pharmacy**  
6-8 Osborne Street, Urana NSW 2645  
P: 02 6920 8822



## Oaklands

### Community Health & Fitness Centre

*Time to be a fitter and healthier person?*

Commercial quality "Life Fitness" equipment suitable for all fitness levels - beginner to weight training

- Individual access from 5am - 10pm
- Heated/cooled premises
- Amenities for freshening up after a workout
- Kitchenette for a quick bite to eat in your lunch break

Short term membership: \$15 per week Adults: \$10 per week concession

3 month membership: \$104.00

Adults: \$62.40 concession plus \$20 refundable access card deposit

For more information contact:

Tarin Moar 0427 847 208 or Tamara Nixon 0417 559 152

## J & A. BEALE Transport

42 Buller Street, Oaklands

For all your  
**Local and Interstate Transport**

### **Specialising in -**

General Freight

Grain Contracts

All Bulk Grains

Gypsum Fertilizers

Lime

Wool

Hay

Livestock

**Competitive Freight Rates**

**45' Dropdeck Available**

**Contact Jim or Amie**

**Mobile: 0428 570325**

A/H: 02 60354315 Fax: 02 60354146  
email : [jimbob\\_7@bigpond.net.au](mailto:jimbob_7@bigpond.net.au)







# COROWA

## CURTAINS & DECOR

27 Sanger Street, Corowa

We offer a FREE measure & quote in Urana and District

Call (02) 60 33 19 60

Kaz: 0421 953 470

Brad: 0438 497 253

Curtains, Blinds,  
Plantation Shutters,  
External Awnings and Zip Screen  
Furniture & Decor



## *Funeral Directors*



Corowa & Rutherglen

*For Caring and Professional Service*

Phone: (02) 6033 4255

Mobile: 0458 334 256

(All Hours)



Plumbers, Drainers & Gasfitters

Bobcats, Excavators & Tippers

Septic & Trade Waste Pumping

Sand, Soil & Gravel Cartage Contractors

Livestock Water Poly Pipe Systems

Septic Systems

## **BORDER PEST CONTROL**

**DOMESTIC - COMMERCIAL - INDUSTRIAL**

Termites/White Ants - Detection and Eradication

Pre Purchase inspections - Full written reports

Rodent baiting and control - AQIS Approved

**TERMITES - SPIDERS - BEES - WASPS - BIRDS**

Boree Creek, Corowa, Morundah, Oaklands, Rand and Urana

**MICHAEL COMFORT - LICENSED TECHNICIAN**

**0 4 2 8      3 3 1      3 8 3**

Your "Local Independent" Store

# BILLABONG AGRICULTURE

**At two convenient locations**

**URANA:** Osborne Street

**OAKLANDS:** Milthorpe Street

**STOCKING:**

Animal health, Ag Chemicals, Fencing, Plumbing, Pet Food, Washing Powders,  
NLIS Identification, Pool Salt, 'Jobe' Ski Gear.

**Contact:**

**Oaklands Office:** (02) 60354351

**Urana Office:** (02) 6920 8267

**Pat:** 0429 208 267

**Email:** billabongagriculture@gmail.com



## Catholic Parish of Urana

Urana Sunday 1st, 3rd & 5th  
8.00am

Urana Saturday Virgil 2nd & 4th  
6.00pm

Oaklands every Sunday  
10.00am

FOR EMERGENCY MINISTRY CONTACT  
St Michaels Cathedral Presbytery Wagga  
(02) 6921 2164



Experts by your side.

## Bush & Campbell Accountants

WAGGA  
6938 4600

LOCKHART  
6920 5101

TUMBARUMBA  
6948 2018

[www.bushcampbell.com.au](http://www.bushcampbell.com.au)

Some of our specialist areas include:

- GST
- Rural Services
- Superannuation
- Audits
- Income Tax
- Management Consulting
- Fast Tax Refunds with Electronic Lodgement

Call in at:

141 Green Street  
or phone 6920 5101

Other offices at:

Wagga: 6938 4600  
Tumbarumba: 6948 2018

# We're open For appointments

Call the team on 6920 4244 to arrange a time for us to come and see you.

For the following enquiries

- Account Opening
- Business Accounts
- E-Banking
- Credit Cards & Personal Loans
- Home Loans
- General Queries

Community Bank · Lockhart & District



Bendigo and Adelaide Bank Limited ABN 11 068 049 170, AFSL/Australian Credit Licence 237879 A1373501, OUT\_2025527, 23/04/2021

## URANA POST OFFICE

21 ANNA ST. URANA, 2645  
PH (02) 6920 8227 FAX (02) 6920 8109

WESTERN UNION MONEY TRANSFERS.

Bank@Post PERSONAL & BUSINESS BANKING  
POST BILL-PAY Cash, Cheque or EFTPOS

Your enquires welcome  
SEPARATE AGENCY FOR COUNTRYLINK  
RAIL & COACH TICKETS  
Fax & photocopying service

## D & K GOODEN



**Damo Gooden**

Mob 0427 623 746  
Ph 6920 8143 Fax 6920 8142  
Email [dkgooden@bigpond.com](mailto:dkgooden@bigpond.com)

"Glen Lura" RMB 389  
Urana NSW 2645  
ABN 50 077 875 593

LIVESTOCK CARTAFE | BULK HAULAGE | WATER DELIVERIES



## Urana

CARAVAN PARK

Federation Way  
URANA NSW 2645  
Phone: (02) 6920 8192

The Urana Caravan Park and Aquatic Centre provides excellent amenities for camping, water skiing, fishing, bushwalking or just relaxing in the quite surroundings

#### Facilities

- Cabins
- Powered Sites
- Unpowered Sites
- Tent/Camping Sites
- Shower
- Toilets
- Dump Point/Sani Dump
- Equipment Hire
- Boat Ramp/Boat Launch
- Laundry
- BBQ Facilities
- Water Supply

Come along and enjoy the experience of the  
Federation Council  
"In the Middle of Everywhere"

[www.uranaacp.com.au](http://www.uranaacp.com.au)



## CALTEX URANA FUEL DEPOT

Fred & Helen Finch  
48 William St, Urana, 2645  
B.H. (02) 6920 8122  
A.H. (02) 6920 8165

Cement & Domestic Gas  
Caltex Distributor for Fuel & Lubes  
Bulk Farm Deliveries

## ROBSON ENGINEERING URANA

ABN 95 836 906 896

Steel sales, Steel cut to size  
Light Fabrication, Repairs a speciality  
Mobile welding (not in fire season)  
Open most weekdays  
Rear of 84 Coonong Street, Urana  
(access off woodhouse Street)

**Ph Mick 0438 824 320**

## Rand

Farm Supplies

Stocking all your rural farm supply  
needs!

Farm chemical, animal health, dog and  
cat food, produce, pipe fittings, salt and  
molasses blocks, work boots, tyre  
repairs, Fuchs oils, spray nozzles.

37-39 Kindra Street, Rand, NSW, 2642  
Phone/fax: (02) 6029 5203  
Mobile: 0407 322 829

Email: [sara@randfarmsupplies.com.au](mailto:sara@randfarmsupplies.com.au)  
Opening hours: 8:45am – 5pm Monday to  
Friday



# NEWSLETTER ADVERTISING & WASTE FACILITIES

In accordance with Federation Council’s 2023/2024 budget, advertising in the Urana and District Newsletter rates are noted below. The following rates are applicable for advertisements placed in the Urana District Newsletter. To make an enquiry email [communication@federationcouncil.nsw.gov.au](mailto:communication@federationcouncil.nsw.gov.au)

	Council Compiled per month	Customer Compiled per month
Full page	\$71.20	\$49.30
Half page	\$49.30	\$38.30
Quarter page	\$36.10	\$21.90
Classified	\$11	
Thank you notices	\$11	
Community organisa- tions outside of Federa- tion Council	Charges as above	Charges as above
Community organisa- tions within Federation Council	No charge	No charge

## WASTE FACILITY OPENING HOURS

	COROWA	MULWALA	HOWLONG	URANA	OAKLANDS
TUESDAY	9:00am - 12:00pm	-	1:00pm - 4:00pm	-	-
WEDNESDAY	-	9:00am - 12:00pm	-	-	-
FRIDAY	-	-	-	-	-
SATURDAY	-	-	-	-	-
SUNDAY	1:00pm - 4:00pm	9:00am - 12:00pm	9:00am - 12:00pm	11:00am - 4:00pm	8:00am - 12:00pm

# WASTE FACILITIES & CHARGES

Household waste accepted only (not commercial origin), not accepted at Mulwala Transfer Station, Putrescible waste (food scraps) not accepted at Corowa Waste Facility.

Skip bins available 24 hours at the Urana, Victoria Park Recreation Ground.

## URANA COMMUNITY RECYCLING CENTRE

Federation Council and the NSW EPA have recently opened two Community Recycling Centres (CRC's) in Corowa and Urana.

Many familiar products you use in your home, car, garage and shed can be hazardous to other people and the environment. Because of this, they cannot be disposed of in your red, yellow or green lidded bins.

These include:

- batteries (household only).
- motor & other oils (5-20 ltrs motor oils and other oils).
- paint.
- smoke detectors.
- fire extinguishers.
- gas bottles.
- fluro lights.

Once you no longer have a use for these products, they become household problem waste. If disposed of incorrectly, or released into the environment, these products can pollute our soil, contaminate our water and even cause physical harm to people and animals.

The good news is you can dispose of them for FREE at the following CRC's. The products are then processed and the reclaimed materials used to make other products.

The Urana CRC is located at the Urana Waste Disposal Centre, Boree Creek Road, Urana.

Operating Hours:

Sunday 11:00am – 4:00pm

The facility is closed Christmas Day, Boxing Day, New Years Day, Good Friday and Easter Sunday.

# WASTE DISPOSAL CHARGES

In accordance with Federation Council's 2023/2024 budget waste disposal charges are as follows:

WHEELIE BINS (240 litre bin)	Fee (incl. GST)
Wheelie Bin - Green	\$5.20
Wheelie Bin - Waste	\$11.45

\* Household waste accepted only (not commercial origin)

SMALL LOAD (up to an average sedan boot or half a small trailer)	Fee (incl. GST)
Small load - Green	\$21.90
Small load - Waste	\$43.80

\* Household waste accepted only (not commercial origin)

MEDIUM LOAD (up to approximately 1m3 - single axel trailer or ute tray)	Fee (incl. GST)
Medium load - Green	\$43.80
Medium load - Waste	\$88.00

\* Household waste accepted only (not commercial origin)

LARGE LOAD (any volume larger than 1m3 but less than 1.5m3 0 incl. Large trailer)	Fee (incl. GST)
Large load - Green	\$65.70
Large load - Waste	\$131.40

\* Household waste accepted only (not commercial origin)

TRUCK LOAD	Fee (incl. GST)
Truck load - Green /m3	\$43.80
Truck load - Waste /m3	\$88.00

CONSTRUCTION & DEMOLITION	Fee (incl. GST)
Construction & demolition - concrete & masonry /m3	\$65.70
Construction & demolition - timber /m3	\$43.80
Construction & demolition - comingled /m3	\$197.15

MATTRESSES	Fee (incl. GST)
Mattresses - Single/Double	\$55.30
Mattresses - Queen/King	\$87.60

\* With or without base

ASBESTOS	Fee (incl. GST)
Asbestos up to 1m3	\$394.25
Asbestos over 1m3 - per m3	\$394.25

\* Accepted only in Corowa

TYRE	Fee (incl. GST)
Tyre R<20 - each	\$21.90
Tyre R<20 to R40 - each	\$43.80
Tyre R>40 - each	\$87.60

\* Not accepted at Mulwala Transfer Station

LOUNGE	Fee (incl. GST)
Lounge - 1 seat	\$10.45
Lounge - 2 seat	\$19.80
Lounge - 3 seat	\$30.25
Lounge - additional seat	\$10.45

eWASTE	Fee (incl. GST)
Household appliance	\$11.45
Whitegoods	\$21.90

POLYSTYRENE	Fee (incl. GST)
Over 1m3 - per m3	\$21.90

OTHERS	Fee (incl. GST)
Carpet roll / 0.5m diameter	\$39.00
Textiles /m3	\$38.60
Unsecured Load Penalty	\$55.30

Corowa, Howlong, Mulwala Transfer Station, Urana and Oaklands.

Visit Federation Council website for more information.

# URANA DISTRICT NEWSLETTER

## CALENDAR OF EVENTS

<b>3 March 2024</b>	Animalia Exhibition at the Corowa Art Space closes. See page 13.
<b>6 March 2024</b>	CWA Oaklands Women's Dinner. See page 27.
<b>8 March - 2 April 2024</b>	Reach Beyond - Senior Artists Exhibition. See page 14.
<b>8-10 March 2024</b>	Urana Campdraft. See page 22.
<b>9 March 2024</b>	Morundah Comedy Festival. See page 23.
<b>11-24 March 2024</b>	Ageing Well Festival. See inside back cover.
<b>12 March 2024</b>	Mental Health education morning. See page 24.
<b>16 March 2024</b>	Free Microchipping Day. See inside front cover.
<b>21-22 March 2024</b>	Fischer Community Leadership Program - 2-day Immersive Workshop in Urana. See page 7.

All information in this December/January edition of the Urana District Newsletter is current as of 8/2/2024

### Deadline for March Edition

**FRIDAY 1 MARCH 2024, 5PM**

**Phone (02) 6033 8999**

**All articles and advertisements must be submitted either:**

**- In writing and sent via email to  
communication@federationcouncil.nsw.gov.au, or**

**- Hand delivered to any Council Office.**

**Placement of articles is subject to available space.**

**Community groups and organisations are encouraged to keep articles to a total of 1-2 pages.**

**All submitted articles will be proof read for spelling and grammar and changes made accordingly.**

Federation

# AGEING WELL FESTIVAL



11-24  
March  
2024



Senior residents are invited to attend a range of great live and local events at the 2024 Federation Ageing Well Festival.

## Bookings open Wednesday 7th February 2024

Via the Council website  
or call the  
Corowa Visitor  
Information Centre  
on (02) 6033 3221.



[www.federationcouncil.nsw.gov.au](http://www.federationcouncil.nsw.gov.au)





URANA  
**FLAME  
N'  
FEAST**